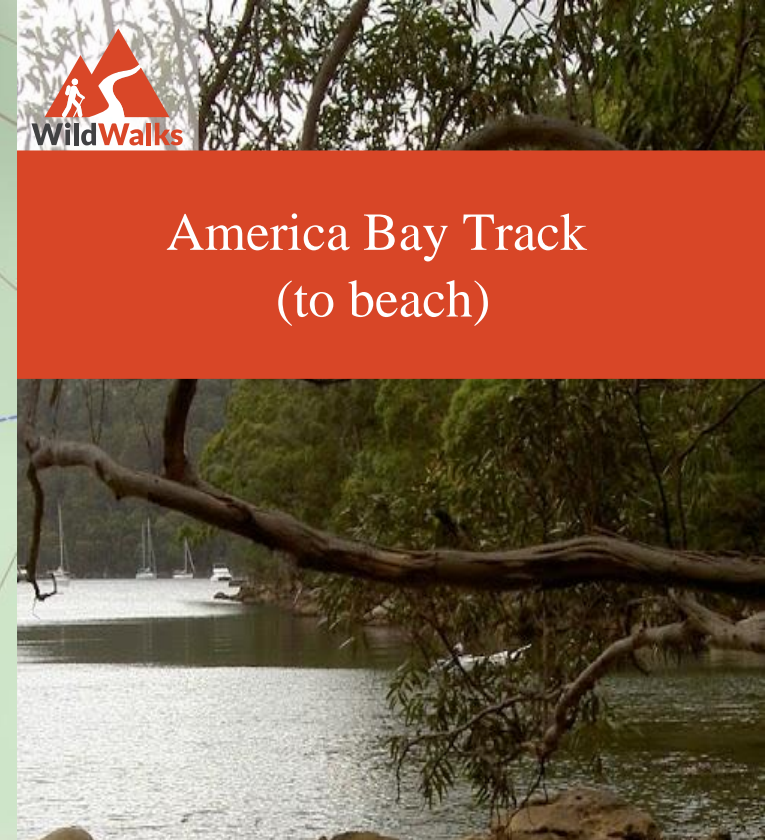


America Bay Track (to beach)



1 hr 15 mins

Hard track

2.2 km Return

↑ 130m

4

This short walk has a great range of scenery, making it a great choice if you have only a short time in this National Park. This track one of two ways to access America Bay - the other is by boat. The track cuts straight through the bush from West Head Rd to pass historic Aboriginal engravings and a large cliff with a small waterfall, which also gives an impressive view of the bay.

5m

Ku-ring-gai Chase National Park

Are you ready to have fun?

Please ensure you and your group are well prepared and equipped for all possible hazards and delays. Check park closures, weather information and Fire Danger Rating before setting out. Optional side trips and alternate routes noted are not included in this walks overall grade, length or time estimate. Please allow extra time for resting and exploring areas of interest. The authors, staff and owners of wildwalks take care in preparing this information but will not accept responsibility for any inconvenience, loss or injury you may experience. Please take care, have fun - Happy Walking.

Getting there Traveling by car is the only practical way to get to Int. West Head Rd and America Bay Trk (gps: -33.6009, 151.2723). Car: A park entry fee is required for driving into the park.

This is a return, so you will finish back at the start.

Find up to date and more information including; travel directions, weather, park closures and walker feedback at <http://wild.tl/abtb>

0 | Int. West Head Rd and America Bay Trk

(90 m 1 mins) From the road, this follows the 'America Bay Track' sign into the bush following the clear track to soon come to an intersection marked with a pole (and a track leading off to the right)

0.09 | Optional sidetrip to America Bay Aboriginal Engrav

(60 m 1 mins) Turn right: From the intersection, this walk heads north, tending right for a short time to come to a rock surface, with Aboriginal engravings. At the end of this side trip, retrace your steps back to the main walk then Turn right.

0.09 | America Bay Aboriginal Engravings

The engravings, just off the America Bay track, depict a woman over a whale, with sharks or fish surrounding. These engravings are situated in a small flat rock clearing - be careful not to step on the engravings or mark the rock surface.

0.09 | Int. America Bay Trk and Aboriginal Engravings Trk

(840 m 16 mins) Continue straight: From the intersection, this walk heads west following the white arrow. After about 700m the track comes to and then crosses a small creek. The track, with creek now on the left, continues downstream to come to a rocky surface which is followed to the unfenced cliffs, which make the waterfall.

0.93 | America Bay Waterfall

America Bay Waterfall, Ku-ring-gai Chase National Park, is a

large 30m cliff, over which a creek cascades. From the top of the fall, views over America Bay can be enjoyed.

0.93 | America Bay Waterfall

(180 m 6 mins) Turn around: From the waterfall, this walk heads south, over to an opening in the cliff. The walk then heads steeply down some large stone steps, then continues another 200m down the steep track before coming to the rocky creek behind America Bay Beach. The track then follows the creek west (downstream) out to the beach.

1.11 | America Bay Beach

America Bay Beach, Ku-ring-gai Chase National Park, is a rocky beach with little sand, and is wedged into the south-eastern corner of America Bay. The beach has a north-westerly aspect and is backed by a creek and waterfall. The hills surrounding America Bay Beach are quite steep.

